



## Vision Health & Foot Health Month



### Blood Pressure Awareness



Hypertension is another word for high blood pressure. Blood pressure is the amount of pressure forced on the walls of our arteries. Too much pressure can be hard on our heart and cause damage to our arteries.

[Read More](#)

### Foot Health & Our PEDAL Study



No matter your age or health status, taking proper care of your feet can have a major impact on your body's overall health. Our LMC Chiropodists welcome people of all ages to come in to have their feet checked to ensure they are healthy & happy.

[Read More](#)

STAY CONNECTED



## Eye Health and Ways to Prevent Vision Loss



Vision Health Month is a great time to raise awareness about eye health and ways to prevent vision loss. A regular eye exam by a doctor of optometry is the best way to stay on top of eye health. Did you know that 1 in 7 Canadians will develop a serious eye disease in their lifetime?

[Read More](#)

## Research Study

LMC MR

**LOOKING TO TRY & BETTER MANAGE YOUR BLOOD SUGAR?**

New options for lowering blood sugar and cardiovascular conditions available now!

1-833-323-JOIN  
research@lmcresearch.com

**LOOKING FOR ALTERNATIVE OPTIONS FOR TYPE 2 DIABETES?**

[Learn More](#)



## Diabetes Depot

**Now carrying Tandem and Ypsomed!**

Our team of Certified Pump Trainers, Certified Diabetes Educators and fellow T1D pumpers are happy to share the good news that we now carry **Tandem T:slim and Ypsomed insulin pump supplies!**

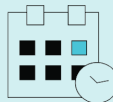
Of course, you are always welcome to place your order in the most convenient way for you:



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Option for scheduled, automatic shipments



No contracts

**WELCOMELMC**

\$25 off your first order over \$200

**LMCVIP**

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