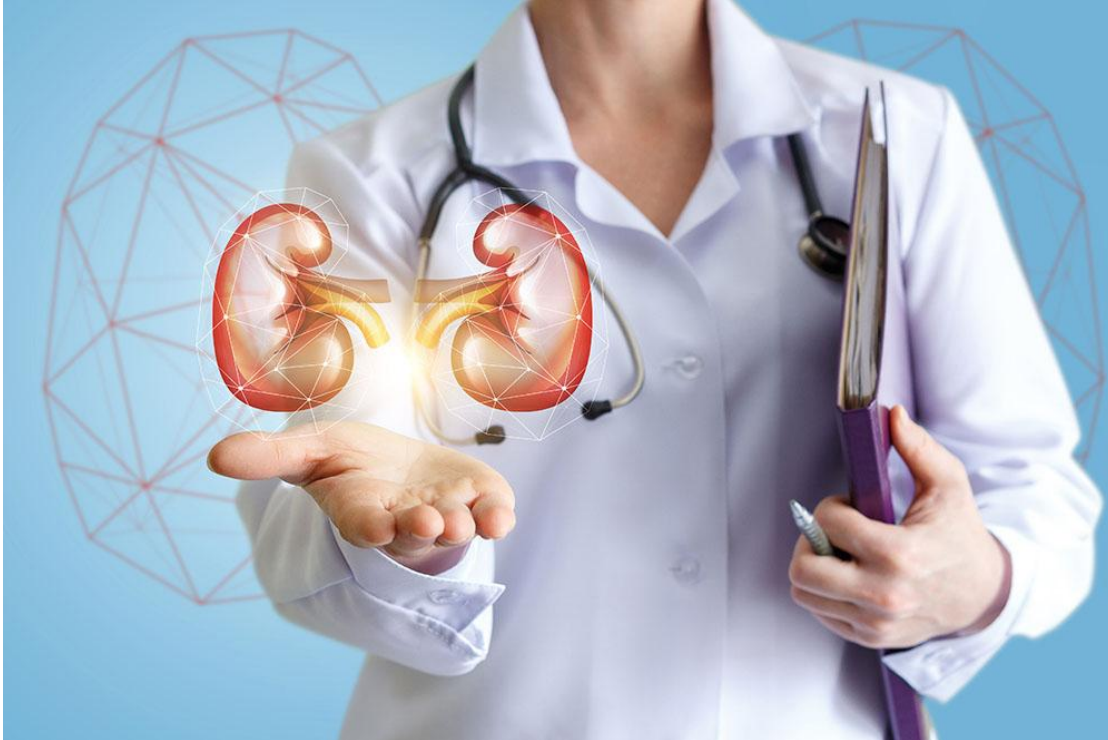




March is here, which means it is Nutrition Month! The goal of nutrition month is to encourage Canadians to eat well, and this year's theme is: "More than Food: How you eat is important too." This means focusing on healthy eating habits: cooking more often, eating mindfully, enjoying food, and eating meals with other people.

[Read More](#)



Kidney Health and Pharmacist Awareness Month

Wonder whether your medication affects your kidneys? Ask a pharmacist!

Healthy Kidneys

Healthy kidneys do the body good! Your kidneys:

- Maintain your overall fluid and water balance
- Balance your body's minerals, such as sodium, potassium, and calcium
- Filter out waste materials from food, medication and toxic substances

[Read More](#)

The logo for LMC Manna Research, featuring the letters 'LMC' in white on a green square background, followed by the words 'Manna Research' in green on a white rectangular background.

LMC Manna Research

DISCOVER NEW OPTIONS FOR YOUR KIDNEY HEALTH

LMC Manna Research is recruiting volunteers who have Type 2 Diabetes and existing kidney disease to participate in a clinical research trial that will provide access to an investigational medication that may reduce the risk of kidney and heart health issues in the future.

It's important to take your kidney's health seriously. Up to 40% of patients with type 2 diabetes (T2D) have some degree of chronic kidney disease (CKD). For the majority of cases, the kidney damage is directly caused by poorly controlled diabetes. Diabetes remains the single leading cause of kidney failure requiring chronic dialysis treatment or kidney transplantation. Yet there remains a major unmet medical need to improve the treatment of CKD in patients with T2D. This is why it is so important that research studies like this be conducted. The ultimate goal is to find new treatment options for CKD in patients with T2D.

Study participants who satisfy applicable requirements will be compensated for their time and will receive products and supplies free of charge.

You may be eligible to participate in this study if you:

- Have a diagnosis of Type 2 Diabetes with blood sugar levels that are not well controlled
- Are at least 18 years of age
- Have been told to have moderate to severe kidney disease

Think this may be a great opportunity for you? Speak with a research specialist at LMC Manna Research today! We are proud to be part of such

an exciting time in research and medication development & advancement. If you would like to learn more about how to participate in one of our clinical research programs for Type 2 Diabetes and kidney health, contact us by emailing join@improvinghealth.ca* or calling us at 1-833-323-JOIN (5646)*.

Best wishes to a future of improved health & wellness, The Clinical Research Teams
LMC Manna Research

"Improving the health of Canadians today and tomorrow through clinical research."

STAY CONNECTED!

