



May is Eye & Foot Health Month

There is a lot to think about when it comes to your health and diabetes, however, your diabetes team is here to help along the way. Your endocrinologist, diabetes educator and pharmacist are part of your routine follow-ups, but do you visit an eye doctor and a foot specialist regularly? An eye doctor (optometrist or ophthalmologist) and a foot specialist (chiropracist) are specialists who can help prevent and treat diabetes related complications related to your eyes and feet.

[Read more](#)



Goodbye Boots, Hello Sandals!

Helloo Sunshine! Many Canadians welcome May's warmer weather for the long, sunny days, the enjoyment of cool drinks, and the chance to wear open-toed shoes. Though, before you take on summer adventures in last year's sandals, it's important to ensure that this footwear still fits well to your feet as jumping back into them quickly may introduce blisters and sores.

[Read more](#)



[REGISTER](#)



Upcoming Events In The Community

Toronto Sun Life Walk to Cure Diabetes for JDRF

Sunday June 9th

Canada's Wonderland

Check in starts at 8:00am and the Walk begins at 10:00am

[LEARN MORE & REGISTER!](#)



The **LMC Manna Research** Team is always excited to share new research opportunities for people who are living with Type 2 Diabetes. We are at an exciting time in Type 2 Diabetes research, and always want to provide members of the community access to the latest upcoming medications and technologies on the market.

*Do you have Type 2 Diabetes?
Are you looking to contribute to important innovations in research?
Then we may have an opportunity for you!*

We strive to make healthy easier and encourage people to learn more about clinical research opportunities that can possibly help with the improvement, or maintenance of diabetes. Consider becoming an advocate for healthcare innovation and cutting edge diabetes care by taking part in clinical trials at LMC Manna Research.

Think this is something you would like to learn more about?
We would love to hear from YOU! Contact us today to see how you can participate!

1-833-323-JOIN (5646) - join@improvinghealth.ca

Book Your Next Appointment Online

No more waiting on the phone... Easy & Convenient

Since the beginning of January this year, our team has:

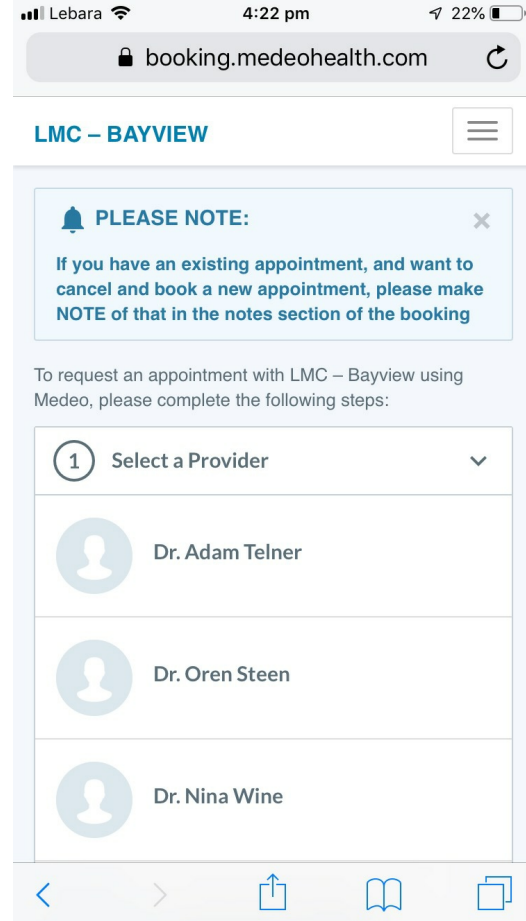
Answered over **28,630 calls**
And only **4.2%** of the appointment

requests were booked online

With the increasing number of calls every day, our online appointment system helps to free up our staff to answer calls for those who need more help.

FREE up your care team's time. For your next appointment, make sure you try our online booking system at:

**BOOK AN
APPOINTMENT**



STAY CONNECTED!

