



Safe and Environmentally-Friendly Disposal of Needles, Syringes, Lancets and Infusion Sets

Do you use pen needles, syringes, lancets, finger prick devices or infusion sets as part of your medication or monitoring routine? If so, don't throw these in the garbage. These products are "medical sharps" and after being used, even once, are considered medical waste items since they have come in contact with blood or bodily tissue.

Read more

Injection Techniques & Needles

Insulin is used as part of a normal treatment for people living with type 1 and type 2 diabetes to have good diabetes management. All people living with type 1 diabetes require insulin, compared to only some people with type 2 diabetes that need it. Proper injection technique of insulin is important to make sure that you receive the right amount of insulin for your body.



ARE YOU READY FOR SCHOOL?

OUR BACK TO SCHOOL SALE IS BACK!

1 pair of single vision prescription glasses \$109

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When you buy 8 boxes of contact lenses get

\$10 gift card and a mail in rebate!

August 6th to September 30th

*Age restrictions apply; frame & lens restrictions apply; coatings extra.









We would like to share some exciting news regarding an opportunity for individuals with Type 2 Diabetes.

Over 18 years old?
Have you had Type 2 Diabetes for more than 10 years?
Interested in taking a more active role in your own healthcare?
Then this may be a great research opportunity for you!

LMC Manna Research is looking for individuals with Type 2 Diabetes to participate in a research study for an investigational medication that may help reduce the risks of diabetic eye disease.

Diabetic retinopathy, or diabetic eye disease, is a common complication of diabetes that affects the light-sensitive tissue in the back of the eyes known as the retina. Though there maybe no obvious signs at first, as the disease advances, new abnormal blood vessels may form and bleed into the eye or leak fluid, which can affect your vision. To prevent complications like diabetic retinopathy, it is recommended for individuals to monitor and maintain their blood sugar closely. In order to detect changes and prevent complications, regular eye examinations are important throughout the study.

However, there remains a major unmet medical need to improve the control of blood sugar levels in patients with T2D and prevent complications like poor vision. This is an opportunity to help advance medical knowledge that could lead to new treatment options for individuals with Type 2 Diabetes.

You may be eligible to participate if you are:

- Over the age of 18
- had Type 2 Diabetes for 10+ years
- Interested in attending regular eye examinations

Think this may be a great opportunity for you? Speak with a research specialist at LMC Manna Research today!

1-833-323-JOIN (5646) - join@improvinghealth.ca

STAY CONNECTED!







